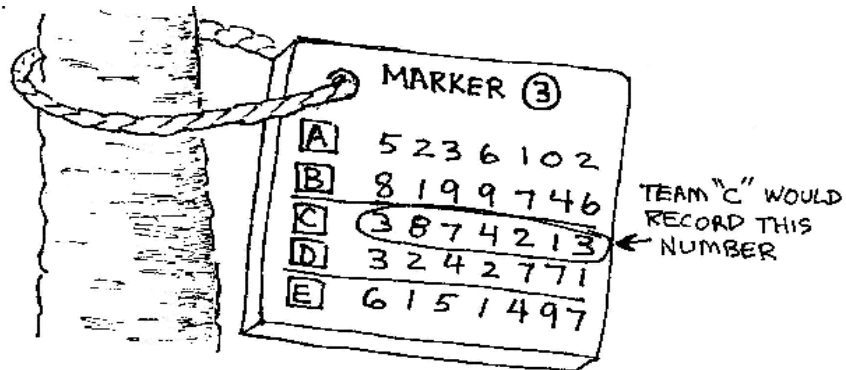


Kensington Metropark Picnic Area C Orienteering Course Instructions

The course is located near Picnic Area C and consists of six 8" x 8" x 3/4" white plywood markers tied to trees or stakes at the locations indicated on the map. Each marker is labeled with it's number (1 through 6) and five code numbers labeled A, B, C, D, E.



Each team of scouts is assigned a team letter: A, B, C, D, or E. The object is for each team of scouts (2 scouts per team minimum, do not go alone!) to find the first 5 markers in whatever order the leader decides. You prove you found the marker by noting the code number that is written next to your team's letter. The code number should be recorded on the back of the map. The 6th marker is difficult to get to and is considered extra credit. The true woodsmen are those on the team that record the code from the sixth marker!

The map is made up of two .pdf pages. When you print them, ensure that the "Page Scaling" selection in the pop-up Print window says "None." After printing, use scissors to trim on the "Trim" line of the first page. Then line up the two pages using the two "MAP LINE UP BAR"s and tape them together with Scotch tape.

In order to accomplish the course you must know how to use a compass to orient a map and determine a magnetic course between two points. You must also be able to determine the distance in steps between two points on the map. Then you must be able to follow a course across the ground using a compass while keeping track of the distance you've covered by counting your steps.

On the sidewalk leading to the Picnic Area C restrooms are two orange marks painted on the asphalt 100 feet apart. Step this off several times in the grass to determine how many of your steps equals 100 feet. I always start walking with my right foot and count every time my left foot hits the ground. When I get to "19" I have gone about 100 feet. Look at the map's legend to see how far 100 feet is on the map. Keep in mind that as the day goes on it takes an extra step or two to go 100 feet because you get tired and your footsteps get shorter.

As a minimum bring a compass, map, water, and pencil. Stay with your buddy. A whistle is also a good idea, just in case.

If a group has reserved the picnic area, please be respectful and quietly walk around to the back of the picnic area where the trail starts.

Have fun and good luck!